

ADVANCED TREATMENTS. EXCEPTIONAL RESULTS. THE ULTIMATE HAIR RESTORATION EXPERIENCE.



### **FUE: FOLLICULAR UNIT EXTRACTION HAIR TRANSPLANT**

### WHAT IS FUE?

Dating as far back as the 1950s, hair transplants have traditionally relied upon harvesting hair follicles from the scalp by cutting out large plugs or strips and then grafting them onto the scalp where needed. This often resulted in slow-healing, discomfort, poor growth, scars and results that appeared less than natural.

In 2001, a microsurgical procedure called FUE, or "Follicular Unit Extraction" was pioneered in the U.S., allowing hair follicle grafts to be harvested individually, and then transplanted to create truly natural looking hairlines without linear scarring. Dr. Alan Bauman was one of the first hair transplant specialists to adopt and master, as well as help teach and train, the nuances of this technique. His early experience led him to design the first commercially-available manual instrument specifically for FUE as well as correctly predict that patient-demand for FUE would overtake more traditional invasive hair transplant techniques.

#### THE FUE REVOLUTION

New advancements in FUE techniques and technology-including robotics and artificial intelligence-have dramatically improved the speed and accuracy of hair follicle extraction for a huge variety of skin and hair types. This speed and precision translates to fewer, shorter, more effective transplant procedures to accomplish your overall hair restoration goals.

### WHO IS A GOOD CANDIDATE FOR FUE?

The procedure is unrivaled for those who prefer short haircuts or wish to have the least amount of activity restriction after their transplant procedure, such as athletes or active adults. The FUE technique is also excellent at camouflaging old scars, touching up hairlines, restoring facial hair and eyebrows, and even harvesting body hair follicles for transplantation for those who have limited scalp donor hair. An initial medical hair loss evaluation and consultation is needed to determine if you are a good candidate

## WHAT MAKES FUE DIFFERENT FROM OTHER TRANSPLANT OPTIONS?

The difference is in the extraction. Follicular Unit Extraction allows patients to avoid the telltale linear scarring and additional activity-restricted healing time required with traditional strip harvesting methods. Because the less-invasive FUE approach harvests follicles individually without a scalpel and stitches or staples, the donor area in the back of the head heals faster, requires less downtime and can be more easily camouflaged with shorter haircuts in the long run.

### WHAT ARE THE DRAWBACKS OF FUE?

In the proper hands, the only drawback is the potentially longer duration of the FUE procedure compared to other techniques. Since each delicate follicular unit graft is individually harvested and implanted, FUE requires an experienced team in order to ensure that the

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1450 S DIXIE HWY | BOCA RATON, FL 33432 | 561 394 0024 | BAUMANMEDICAL.COM



## FREQUENTLY ASKED QUESTIONS ADVANCED, MINIMALLY-INVASIVE .. FUE" HAIR TRANSPLANT

highest rate of viable grafts are successfully obtained, preserved and transplanted, all while ensuring your remaining donor hair follicles are unharmed. Of course, the final aesthetic outcome of any hair transplant is determined by the artistic skill of the surgeon.

### DO I HAVE TO SHAVE MY ENTIRE HEAD?

No. While close trimming of the donor hair is required for harvesting, there is usually no need to trim or shave the area where follicles are being implanted.

## FROM WHERE ARE THE FOLLICLES HARVESTED?

Typically, healthy and relatively permanent hair follicles are harvested from the donor area on the sides and back of your head. Not only is this the most discreet area, it is also the most likely to yield an abundance of healthy follicles that will continue to grow hair and stay with you for life! For those with limited donor hair in the scalp, FUE techniques can be used to harvest body hair if available (e.g., beard, chest, abdomen, and even back, arms and legs for transplantation to the scalp and other areas.

## DOES IT HURT? HOW LONG DOES IT TAKE TO HEAL?

Level of discomfort during and after a minimallyinvasive FUE procedure is extremely low and many times non-existent. Healing ability is different in each patient, and can vary with different treatments as well. Usually, our FUE procedures are accompanied with PRP or Platelet Rich Plasma, laser therapy and other treatments that will significantly accelerate healing time. Generally, crusting in the extraction or donor area lasts only a few days, and complete healing in the implanted or recipient area takes less than two weeks.

# WILL IT LOOK NATURAL? WHAT ARE THE MOST IMPORTANT FACTORS IN FUE TRANSPLANTS?

That's simple. It's artistry and experience. The true measure of any transplant is the surgeon's skill in crafting a natural looking result. This requires matching the natural location, density and angle of transplanted follicles so that the hair grows out as it should. Dedication to the artistry of hairline reconstruction is the difference between an undetectable result and looking like you've had a hair transplant. Fortunately, you are in excellent hands. Dr. Bauman has performed thousands of procedures on both men and women, has transplanted millions of FUE grafts, and is considered one of the foremost medical experts in FUE worldwide.

Bauman Medical's advanced individual Follicular Unit Extraction "FUE" method brings many benefits and advantages for both men and women.