



FAQ

LOW-LEVEL LASER THERAPY

WHAT IS LOW-LEVEL LASER THERAPY?

Providing energy to hair follicles, getting them to grow a thicker, healthier hair has gotten easier and more efficient with the advent of more powerful, more convenient, cordless and rechargeable FDA-cleared laser therapy devices. Many of today's top practitioners rely on drug-free laser therapy with or without other treatments to provide optimum hair regrowth for both male and female patients.

HOW DOES LASER THERAPY FOR HAIR REGROWTH WORK?

With FDA clearances and strong clinical evidence to support its efficacy as a hair loss treatment, today low level lasers have become an important tool for those seeking to restore their locks. But how exactly do these lasers help you fight hair loss?

Laser therapy for hair growth utilizes wavelengths of light in the "visible red" part of the spectrum which have a biological effect on cells. It is known that wavelengths of light produced by the diodes of the lasers are associated with an increase in energy production (ATP) within the cells, which may be a primary mechanism for helping a follicle to grow better hair by producing thicker, longer, healthier looking hair strands. Since their discovery in the 1960s, low-level lasers have been proven to be an effective drug-free and side effect-free way to help heal wounds, relieve pain, increase circulation, and decrease inflammation. Today, low level laser treatments are delivered using a baseball style cap called a LaserCap

HOW OFTEN SHOULD I WEAR MY LASER THERAPY CAP?

Recommended treatments may vary based on each patient's specific needs and goals and the device used.

WHAT ARE THE BENEFITS OVER HAND-HELD LASER THERAPY DEVICES?

Unlike laser 'combs' and 'brushes', Laser Therapy Caps offer a discreet, hands-free treatment to the scalp, allowing patients to easily work their therapy sessions into their daily routines. These lasers can fit into most hats, and can also be hidden under a scarf or bandana, or used on its own without a hat.

CAN I COMBINE LASER THERAPY WITH MY OTHER TREATMENTS?

Absolutely. While Laser Therapy can be used as a stand-alone treatment, many patients maximize its effectiveness by adding it to a multi-therapy treatment plan. Hair transplant patients often use Laser Therapy to help accelerate healing and decrease discomfort after surgery.

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FREQUENTLY ASKED QUESTIONS LASER THERAPY CAP

ARE YOU A GOOD CANDIDATE FOR A LASER THERAPY CAP?

For those with hair loss or hair thinning, keep in mind, these may be influenced by many factors including heredity, medications, illness, stress, nutrition, lifestyle, etc., and left untreated only gets worse with time. Because so many factors can influence one's hair loss status, it is essential to undergo a thorough medical consultation with a specialist before initiating any hair restoration regimen. Baseline evaluations, tracking measurements and standardized medical photos are critical to provide an objective measurement of your progress. Laser therapy can add a non-chemical side effect-free treatment to your hair growth regimen.

WHAT ARE THE BENEFITS OF LASERCAP?

Consistent use of low-level laser therapy treats hair loss, hair thinning, and has been proven to improve the appearance of hair quality, hair strength and hair thickness. The lasercap will also in addition, promote hair growth. Clinical studies have shown a 51% increase in terminal (healthy) hair counts on patients when compared to those using placebo devices. There has never been a reported side effect of low-level laser therapy since its use began in the 1960s. Since laser devices are durable and long lasting with proper care, a good-quality Laser Therapy device may be your least costly treatment over time.

WHAT KIND OF RESULTS CAN I EXPECT WITH LASER THERAPY?

Laser therapy, like other non-invasive hair growth treatments, is not a "miracle cure," but it can be an important treatment for damaged hair, thinning hair and hair loss. While low-level laser therapy does facilitate hair growth, it is important to understand that it doesn't regrow hair that is already dead and gone, which is why early detection and intervention is essential for optimal results. Laser therapy can jumpstart areas where the hair is thinning and can also be effective for hair growth when used in combination with other medical treatments like compounded topical minoxidil, oral finasteride, platelet-rich plasma plus stem cell injections, prostaglandin analogs, nutritional supplements and hair transplant surgery, either with SmartGraft FUE, NeoGraft FUE or the ARTAS Robotic-Assisted FUE Hair Transplant System.

As with any hair growth treatment, early results are subtle and full, final results take time. To track your progress and stay consistent with the treatment, Bauman Medical recommends getting baseline hair measurements with HairCheck before starting laser therapy so you can know what areas are receiving a benefit and how much improvement is occurring.

For more information on what kind of results you might achieve with laser therapy or how laser therapy can be added to your 'multi-therapy' hair restoration regimen, please visit www.baumanmedical.com or call 844-GET-HAIR or (561) 394-0024.