



# FAQ

## DHT-CONTROL SHAMPOO

### WHAT IS DHT-CONTROL SHAMPOO?

BaumanMD<sup>™</sup> DHT-Control Shampoo is a frequent-use shampoo developed and tested by Bauman Medical to assist in treating and preventing hereditary hair loss and thinning. The Shampoo is formulated with three natural components that have been shown in scientific studies to be effective in blocking the action of dihydrotestosterone (DHT), a primary trigger for hereditary hair loss.

### WHAT ARE THE ACTIVE INGREDIENTS IN DHT-CONTROL SHAMPOO?

DHT-Control Shampoo's active ingredients are all natural and include caffeine, saw palmetto (*Serenoa Serrulata*) and a green tea derivative called *epigallocatechin-3-gallate (EGCG)*. Each of these active ingredients has been independently shown in published scientific studies to have an effect on DHT. The shampoo is also formulated with panthenol, the provitamin B5 which moisturizes and lubricates hair fibers, improving shine, volume, and manageability.

### IS IT COLOR-SAFE?

Yes. DHT-Control Shampoo is sulfate-free, pH balanced, and formulated to be safe for use with hair coloring products.

### HOW EFFECTIVE IS IT?

Although DHT-Control Shampoo is not a prescription medication, it has positive benefits beyond those of

regular hair care products which do not contain active ingredients. Not only is DHT-Control Shampoo an excellent preventive measure for those with a family history of hair loss, but it also works synergistically with other treatments, such as finasteride, minoxidil, PRP, and low level laser therapy, increasing their overall efficacy.

### WHO SHOULD USE IT?

DHT-Control Shampoo is recommended for adults experiencing hereditary hair loss and thinning, as well as those who desired thicker-looking hair. It has not been evaluated in pediatric populations, and therefore is only recommended for adults 18 years and older.

### HOW LONG DOES IT TAKE TO WORK?

DHT-Control Shampoo works right away, making hair appear thicker, fuller, and improving the shine, volume and texture in as little as two weeks. Used frequently, the active natural ingredients will work to continue improving these results over the course of several months. As with any treatments, DHT-Control's benefits will gradually diminish within a few months if use is discontinued.

### DOES IT HAVE ANY SIDE EFFECTS?

DHT-Control Shampoo active ingredients are all natural and no side effects have been reported.

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## HOW TO USE **BAUMAN-MD® DHT-CONTROL SHAMPOO**

### APPLICATION

DHT-Control Shampoo was designed as a frequent-use shampoo. Use it in place of your regular shampoo whenever you bathe or shower.

To use, apply a generous amount to the scalp and massage vigorously until a thick lather is produced. Coat the entire scalp and all hair with the lather, and then allow about 6 minutes before rinsing. Follow with BaumanMD™ Therapeutic Conditioner for best results.

Both BaumanMD™ DHT-Control Shampoo and BaumanMD™ Therapeutic Conditioner, as well as other Bauman Medical hair care products can be purchased over-the-counter at the Bauman Medical office or online at [BaumanMedical.com](http://BaumanMedical.com)

### MONITORING

As with all hair loss and prevention treatments, Bauman Medical recommends also monitoring hair density with quick, painless, and non-invasive HairCheck evaluations once every 90 days. These evaluations can be quickly performed in-office, or by a Bauman Certified HairCoach™ for those at risk for hereditary hair loss, regular monitoring is the best way to detect thinning at its earliest stages, allowing it to be treated before it even becomes noticeable with the naked eye.

### IMPORTANT CONSIDERATIONS

Use only on scalp and hair. DHT-Control Shampoo is NOT intended for oral or internal use. As with all shampoo, care should be taken to avoid contact with eyes and sensitive areas. DHT-Control Shampoo is not approved for use by children age 18 and younger.

### REFERENCES

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